

KRISHI VIGYAN KENDRA, KHAGARIA
(BIHAR AGRICULTURAL UNIVERSITY, SABOUR)

Annual Progress Report of Malnutrition Eradication Programme
(MEP 2025-26)

From April 2025 – March 2026

Bihar Agricultural University, Sabour

1. Name of the KVK/College : Khagaria

2. Details of the In-charge Officer (s) of MEP 2025-26

Sr. No.	Name	Designation
1	Sri N.K.Singh	Sr. Scientist & Head
2	Smt. Rupam Rani	SMS, Horticulture
3	Sri Dhananjay Paswan Das	SMS, Ag. Engg.

3. Details of the Adopted Village

Sr.No.	Particulars	Values
1	Name of the village	Sansarpur
2	Block name	Khagaria
3	Total Geographical Area	254 ha
4	<u>Total Population</u> a) Men b) Women c) Children	a) 1463 b) 1806 c) 661
5	<u>Literacy Rate (%)</u> a) Men b) Women	63.30 25.60
6	Number of Households	885
7	<u>Number of SC population</u> a) Men b) Women c) Children	555 (14.10)
8	Distance from KVK	01 Km
9	Major Crops Grown	Rice, Wheat, Moong, Maize, Vegetable
10	<u>Animal Husbandry</u> a) Cattle population b) Poultry population	2500 Goats, 60 Cows, 50 Buffalo

4. Details of the Nutri-Garden Units

Sr. No.	Nutri-Garden Establishment	No. of nutri-garden units	Total Area (m ²)	No. of families associated	Total Production (kg)
1	Kharif	30	30	30	2400
2	Rabi	30	30	30	3670
3	Summer	30	30	30	2160

5. Interventions taken toward Malnutrition Eradication

Sr. No	Name of the intervention	Number of Activities	Number of Participants
1.	Trainings organized	09	217
2.	Kitchen garden units	30	30
3.	Nutri garden established in School and Anganwadi	02	02
4.	Health Camps Organized	01	50
5.	Demonstrations conducted	05	73
6.	Distribution of inputs	Vegetable seed kit (74), Seedlings (9482)	135
7.	Nutrition-Sensitive Livestock Farming	-	-
8.	Convergence with Government Schemes	-	-
9.	Products developed	-	-
10.	OFT	-	-
11.	FLD	05	73
12.	Other activities	-	-

6. Baseline Survey Health Status

Beneficiaries	Body Mass Index (BMI) (normal)		Haemoglobin Status (normal)	
	Before	After	Before	After
Male	05	06	04	06
Female	09	13	07	13
Children	08	14	11	12

7. Change in Dietary Habits for Families

Sr. No.	Food Group	Before	After	% Change
1	Cereals	07	07	0
2	Millets	02	03	50
3	Dark leafy Vegetables	03	04	33.33
4	Vitamin A rich Vegetables	03	04	33.33
5	Vitamin A rich Fruits	03	03	00
6	Animal protein(Egg, Fish, Meat)	03	03	00
7	Nuts and Seeds	01	02	50
8	Milk and Milk products	07	07	00

8. Observation of food consumption pattern of Families

Sr. No.	Particulars	Before	After
		Average Frequency Per Day	Average Frequency Per Day
1.	Morning Tea	01	00
2.	Breakfast	01	01
3.	10 am Meal/ Brunch	00	00

4.	Lunch	01	01
5.	Snack	01	01
6.	Dinner	01	01
7.	Other Time	00	00

9. Main Points as Observed

Sr. No.	Main Points Observed with respect to Malnutrition Eradication
1	This programme created impact among villagers such as food habits of family members have changed, consumption of dark leafy vegetable , fish, maize and millets has increased, there is need to do more training and awareness programme.
2	There is still lack of knowledge about ill effects of malnutrition among people. There is need of more trainings, demonstration and awareness prog for effectively eradicate malnutrition.
3	There is need to create awareness with special focus on female as they create more impact on improvement of the health of children and entire family.

10. Overall Results Observed in MEP 2024-25

Sr. No.	Main Points observed	Observation (% change, frequency-high/ low)	
		Before	After
	Type of Intervention		
1	Percentage change in diet diversity	Low	High
2	Increment in Nutri-garden area	Low	High
3	Anemic condition of children and female	High	Low
4	Percentage of underweight children	High	Low
5	Junk food, and carbonated beverages consumption pattern	High	Low

11. Details of Social Outreach

Sr. No.	Particulars	
1	Newspaper coverage	-
2	Publications	-
3	Technical Bulletins	-

12. Action Taken Photographs



13. Any Other Activities